

In the Presence of Positive Women

Positively Healthy, Wealthy, and Wise workshops come to Westford

Networking guru Debby Hoffman Adair brings a healthy dose of positivity to Westford through a series of Positively Healthy, Wealthy, and Wise workshops. Adair's In the Presence of Positive Women is a membership-based organization that began in Concord NH over a dozen years ago and has since sprouted branches throughout New England and beyond. IPPW's mission is to give women the tools to empowerment and the courage to reach their potential. Participants are encouraged to bring an open mind, a cheerful heart, and plenty of positivity to each event.



Raise Your Energy Vibe

Wednesday, February 24

6:30 to 8 p.m.

Members attend free with a sweet or savory dish to share; not-yet-members \$10

How to Maximize Positive Energy Flow

Each and every day you are surrounded by the energy of our Universe – so how can something you can't see have such a powerful effect on your well-being?

Discover how energy moves – and we're not talking about electricity here – and learn how it affects you. Take home tips to create the most beneficial flow of positive energy to support yourself in not only your home environment, but also in your life.

Participants will learn how to:

1. Identify energy drainers both inside and outside of the home
2. Maximize positive energy flow to create a happy home and happy life
3. Perform a simple space clearing ceremony to jump-start the positive energy!

By raising *your* energy vibe, you can be empowered to tackle almost anything, recharge your batteries, AND create better relationships.

Denyne Sanville is the Holistic Home Design Expert. As a Feng Shui Master & Holistic Interior Designer, Denyne combines three decades of knowledge and experience to create living spaces that are a source of peace, empowerment and rejuvenation. 2016 marks the 13th year anniversary of Denyne Designs LLC, which serves a growing base of over 150 clients in the New England area.

To register, please visit ippw.org, Call 978.256.9391, or e-mail Kathleen.Veth@comcast.net