



IPPW

Debby Hoffman Adair's

In the Presence of Positive Women

Presents a

One-Day Women's Positivity Retreat at the Cottage of Possibilities

27 Lyndeborough Road, Amherst, NH

Saturday, October 18, 2014

10 am to 2 pm

Cost: Free to IPPW Members* Non Members: \$15*

All attendees are invited to bring something to share for our Pot Luck Lunch



Topic: **Chakras**

The Centers of Your Power, Presence & Consciousness

featuring **Karen Kallie of Living Energy**

Have you ever wondered *what your energy field looks like?* Do you question the effect *thought and emotion on your personal power?* Are you curious about *the role chakras play in your life?* Well, wonder no more!

Karen Kallie knows a thing or two (or three or more) about Living Energy and the effect it plays on one's life path. **Our Day of Positivity** discussion will highlight Karen and her wealth of knowledge on the topic.

Come to the **Cottage of Possibilities** and see how thought and emotion instantly are registered in the your energy field. Discover the effects positive interventions have on your personal power. Learn how to release negative patterning with ease; to be strong, resilient and prosperous. Bringing awareness is the goal. Seeing what is already happening with your energy gives you the possibility of real, positive and lasting change in your life.

Karen Kallie is a Nurse-Psychotherapist with advanced training in Mind-Body Medicine and Energy Psychology and maintains a private practice in Amherst, NH

RSVP: Debby @DebbyAdair.com or call 603-731-0116.

For membership information visit IPPW.org