



A Day of Positivity
at the
Cottage of Possibilities

Saturday, July 12, 2014
10 am to 2 pm

Topic:

Are you a Prisoner of Your Past or a Pioneer of your Future?

OK girlfriends, its time to get real. What is *really* holding you back from living the life of your dreams? Is you past holding you hostage? Are previous experiences derailing your life? Are you holding on to an event or spoken words that rattled your inner being?
Are you a captive to the world of disappointment?

It happens to everyone from time to time - even us positive girlfriends ... getting stuck, not following our path and getting derailed from the life of our dreams, can be a common occurrence. It is called FEAR and those four letters, when arranged in a particular order, can stop us in our tracks and hold us prisoner.

But... it doesn't have to be that way. We can forge new paths, take new routes and experience brave new worlds. Positivity is a choice and a positive outlook can help you develop new ways of doing, of living and of being.

Our **Day of Positivity** will center on letting go of the past and embracing our positive selves - the ones filled with dreams hopes and visions of a wonderful future. Come spend the day with your positivity sisters as we blaze new trails to new opportunities.

We promise, you will walk away refreshed, renewed and ready to be the positive pioneer of your own life.

Cost: Free to IPPW members

(Introductory offer \$4.88 per month ... more information at IPPW.org)

Non-Members: \$10

Where: 27 Lyndeborough Road, Amherst, NH 03031

Bring your friends and something to share for our potluck lunch.

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